

**First United
Presbyterian
Church of Pine
Plains**

3039 Church Street
(to visit)

P. O. Box 313
(for mailing)

Pine Plains, NY 12567
Tel: (518) 398-7117

*To **know** the love of
Christ; to **show** the
love of Christ; and to
grow in the love of
Christ.*

All are welcome to
join us at our
weekly Sunday
worship service at
11:00 a.m.

Pastoral Care:

Pastor Ryan can be
reached for *urgent and
emergency* needs on
his personal mobile
phone 24/7, (518) 261-
0834. For non-urgent
calls, please leave a
message on the church
office phone: (518)
398-7117, which is
checked as few as
seven times/week and
not every day.

Hudson River
Presbytery:
www.hudrivpres.org

Agape Harvest

Easter -- with its Easter egg hunts, lilies, and special liturgies -- has come and gone for another year. But wait -- *Easter is not just one day!* In fact, we are still in the *Easter Season*. You may have noticed that we are still singing Easter hymns and reading Easter scripture lessons. Your worship bulletin tells you which Sunday of Easter it is (Easter Sunday being the first Sunday of Easter, etc.). This season lasts for 7 weeks, or 50 days, until the Day of Pentecost.

The Easter Season is also called Eastertide, “tide” being an old English word for “time” or “season”. Similar to the Christmas Season (or Christmastide), the weeks following Easter are meant to be a time of reflection. As Dr. Mark D. Roberts explains in his blog, “On Easter Sunday, we celebrate this good news, rediscovering for ourselves what the earliest followers of Jesus realized on that first Easter Sunday. Yet the implications of the resurrection are more than we can adequately ponder on one day ... Eastertide provides an opportunity to see ‘the director’s cut’ of the Easter sermon, if you will. The season of Easter gives us a chance to reflect more broadly and deeply on the multifaceted meaning of the resurrection of Jesus.”

To many Christians this may seem redundant. After all, don’t we already set aside every Sunday to celebrate the Resurrection? Isn’t Sunday, in fact, a “little Easter”? It’s the reason that Sundays traditionally were not considered part of Lent, because of Sunday being a feast day, not a fast day.

As Dr. Roberts says, “Easter Sunday, as wonderful as it might be, allows us only to go so far. Eastertide opens up new territory for learning and reflection... if Lent is a season for fasting (giving up something positive), Easter is a season for feasting (adding something positive to your life).”

What positive things will you bring into your life this Eastertide?

In peace, Dyan Wapnick

Worship

Sunday Worship is at **11:00 am**
(indoors and adapted for COVID safety)

Notes on Current, Adapted Worship

We are worshipping in the church sanctuary. **Masks are now optional!**

If you need to stay away from the gathering, we understand as we miss you. Worship service video streams at [facebook.com/groups/firstunitedpineplains](https://www.facebook.com/groups/firstunitedpineplains) Video is available there forever, to watch at any time. If you need another way to worship with us while you stay away from the gatherings, please ask Pastor Ryan. Perhaps a DVD you may play at home? Just ask.

We will be having Communion every Sunday during the Easter Season.

Our Leaders

SESSION: Doug Hart (Clerk), Samantha Chase, Scott Chase, Deb Jackson, Ryan Orton, Jim Petrie, and Dyan Wapnick.

DEACONS: Marva Blackmar, Lynne Clinch, Dora Hage, Carol Hart, Pam Meccariello, and Amanda Zick.

Our next Session Mtg. is Monday May 9 at 7pm in the Fellowship Hall.

Mission



Local Assistance

Willow Roots: Willow Roots is a non-profit community-based food pantry on South Main Street that compliments the Pine Plains Food Locker based at the Methodist Church. Willow Roots began several years ago by Lisa and Nelson Zayas as a way to receive excess produce donated by local farmers and gardeners and distribute to residents who experience food insecurity from around the Tri-state area. Willow Roots doesn't accept state or federal aid and relies exclusively on donations. They currently service 40+ households. Distribution is every Saturday *except* the 2nd Saturday of the month.

Pine Plains Food Locker:

The monthly drive items for May is canned vegetable or fruit.
Toiletries are always welcomed.
Please send \$ donations to the
Pine Plains Food Locker
2852 Church Street Pine Plains, NY 12567
Distribution is on the 2nd Saturday of the month.



Food Pantry
Donations Needed

A food box has been set up on the back porch of the Pine Plains Free Library. People can pick up/drop off non-perishable food items at any time.

Stewardship

Online giving with Venmo!

1. Log into the Venmo app on your phone or tablet
2. Click "Pay or Request" -- the big blue button at the bottom
3. In the "Add Recipients" box type @FUPCPP (stands for First United Presbyterian Church Pine Plains)
4. Select "FirstUnitedPresbyterianChurch Pine Plains" if it doesn't populate automatically
5. Enter how much money you would like to donate
6. Add "what it's for" -- you can do this in emojis which is fun!
7. Click "Pay" on the bottom right-hand side
8. Select your payment method
9. Click "Pay" -- the big green button at the bottom
10. You're all set!

Events and Committees

COFFEE HOURS have returned!

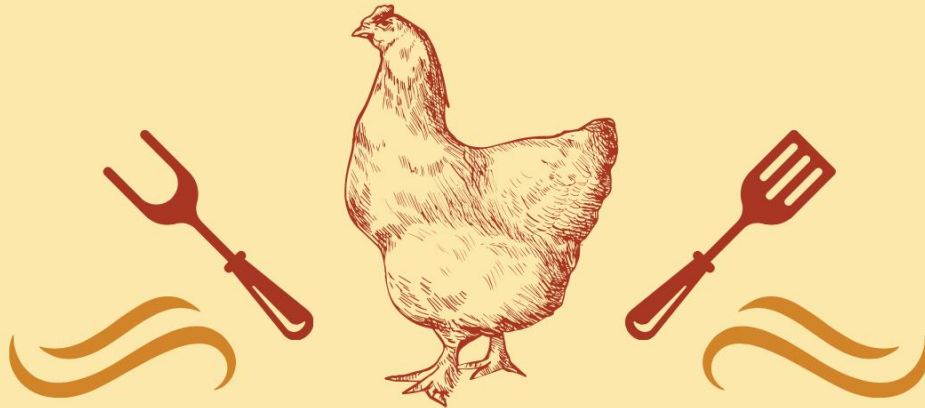
Please find a signup sheet in the Fellowship Hall and put your name on it! Hosting can be as easy as brewing the coffee we have in the kitchen, maybe add a little snack for 12 people or so. Others are welcome to bring more elaborate faire, yet this is not expected in the hosting. It is just as if some friends are coming by, and the host makes ready a few little items for hospitality. If you wish to host yet need some help paying for the snacks you want to provision, please see Pastor Ryan. Coffee continues weekly unless otherwise noted.

The Pine Plains Council of Churches has already been advancing the plan for our first in-person **Vacation Bible School** for children since 2019! The need to know they will have all the volunteers needed. The **volunteer meeting is Friday, May 13th at 10am** in the house in front of the Episcopal Church (16 Pine Street, behind our church). If you are interested in volunteering, but cannot attend the meeting, please tell Pastor Ryan (pastorryanfirstunited@gmail.com or 518-398-7117). Pastor Ryan will be there with you daily during the event week running four days: **August 22-25, 9am-noon**.

Our Chicken BBQ is coming up on Memorial Day, May 31. See attached flyer.

Calendar

May 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11 am - 12 pm Sunday Worship (Church)	2	3	4	5	6	7
8 11 am - 12 pm Sunday Worship (Church)	9 7 pm - 9 pm Session Mtg	10	11	12	13 10 am - 11 am VBS Meeting	14
15 11 am - 12 pm Sunday Worship (Church)	16	17	18	19	20	21
22 11 am - 12 pm Sunday Worship (Church)	23	24	25	26 Ascension Day	27	28
29 11 am - 12 pm Sunday Worship (Church)	30 Memorial Day 11 am - 12 pm Chicken BBQ	31	1	2	3	4



CHICKEN BBQ



• **MEMORIAL DAY** •

**CHICKEN • COLESLAW • MAC & CHEESE
ROLL • BROWNIE**

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**MONDAY, MAY 30, 11AM-1PM**  
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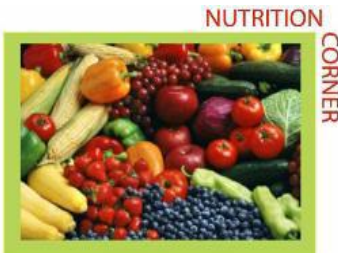
FIRST UNITED PRESBYTERIAN CHURCH
3039 CHURCH STREET
(SIDE ENTRANCE)

PAYABLE BY CASH, CHECK, OR
VENMO

TAKE-OUT ONLY
WALK-INS WELCOME
ALL DINNERS \$17

TO RESERVE CALL 518-398-7117

OR EMAIL DYAN AT
DYANWAPNICK@OPTIMUM.NET



By Lynne Clinch

Some of this and some of that

Here we are at the beginning of May. Hard to believe with the weather we've had but I do promise you I did try to bring that warm weather back from Florida with me. We just have to be patient.

One thing I've found, especially over the last 6 months, is that grocery shopping has become a challenge. We all have to be careful with the family budget. After all, we all want to get the best bang for our buck. Prices in Florida are getting higher but not as high as they are here. You really have to be prudent. Here are a few tips when shopping.

- Do not go shopping when hungry.
- Write your weekly menu before shopping.
- No impulse buying.
- Check your sales flyer and use those coupons only if you use that product.
- If buying a costly protein makes sure you can use leftovers as a second or even third meal.
- Strongly consider meatless Monday and/or adding a hearty bean or lentil soup to another weekly night meal. Serve along with sandwiches or cheese and crackers and fruit.
- Do breakfast for supper.
- Utilize leftovers for lunch the next day.
- Cook from scratch. Convenience foods can be pricey.
- Check the reduced produce rack in the produce dept. You never know but you may find something at a reduced price that is still useable, can be quickly cooked and frozen for later use. Examples are peppers, eggplant, tomatoes and fresh herbs.
- Learn about labeling. Sell by date means that but the product is still good. Therefore, buying protein (meats, poultry etc.) can save you money as it is reduced. It's still good to cook or freeze for later use but don't store in your refrigerator for several days.
- Do not buy precut produce. Buy whole produce and prep when you get home. You can actually store in labeled containers/bags for intended use.
- Do not buy individually packaged snacks. Instead buy the bags and package yourself. Do same with fruits. Cut up and make your own snack packages.
- Do not ever buy a frozen item that is shelf stable. An example is frozen rice. It can be cooked from scratch for pennies.
- Compare prices and it may be more economical to buy frozen veggies instead of fresh. And you don't have to worry about using it before it becomes unusable.

Let me share a recipe that initially may be costly but makes 14 servings. So either divide the recipe in half or make and flash freeze individual patties for another meal.

Salmon Cakes

14 servings

1 pound fresh salmon filet
 3 T. olive oil
 Garlic (granulated) and black pepper to taste
 3 T. butter
 1 C. diced onions
 ½ red bell pepper diced
 1 C. Panko Bread crumbs
 2 large eggs beaten
 3 T. mayonnaise
 1 Tsp. Worcestershire sauce
 ½ C. fresh minced parsley

Preheat oven to 425 degrees. Line a baking sheet with parchment. This will help with clean up. Place salmon skin side down. Brush with the oil and season with the garlic and pepper. Bake uncovered for about 10 to 15 minutes. It should flake easily and have internal temperature of 145 degrees. Remove from oven and cover with foil. Let it rest for 10 min. Meanwhile sauté onions and red bell pepper until softened, maybe 7-9 minutes. And cool. Flake the fish and put in large mixing bowl. Add the cooked veggies, bread crumbs, eggs, mayo, Worcestershire sauce and parsley. Form mixture into patties about 4 x ½ inches thick. Heat some oil and butter in fry pan. Add the number of cakes you will need and fry. Freeze the rest on cookie sheet. Once frozen bag and return to freezer.

As a side note you may be able to purchase the fish, pepper and parsley at reduced prices. Use sliced bread in place of Panko. Just make bread crumbs and toast first. By making patties instead of serving 4-ounce portions you can stretch your meal. How smart is that....

If you have any other cost saving suggestions pass along and I'll share. Until next time Happy cooking....



To add to these prayers, Pastor Ryan is always glad to pray with you (518-398-7117 to find the best ways). If you wish to directly add to the list, please e-mail dyanwapnick@optimum.net

During the coming month, please remember the following people in your daily prayers: our congregation, all our children, our pastor, our loved ones, and all those who mourn.

Maci Cayea (5- year-old w/stage 4 neuroblastoma), Bill Bartlett, Malachi (toddler with leukemia), Ray Wendover (Linda's husband), Darcy (Linda's daughter), Bob Clinch, Marva Blackmar, Laura Dennis, Marge Parlman (Shirley's sister), Ron Brandt (Ancramdale), Roberta Cerniglia, Steven Hay (Linda's son-in-law), Trang (Linda's friend), John and Piper (Laura's daughter), Ellen White, Shirley and Walden MacPherson, Millie Hinsch (Dora's mother), Ola Yannetta (Linda Wendover's aunt), Liane McGhee (Jim and Margo Jackson), Clifford Thorpe, Carol Foley (Regeneration Church), Irene Dieter (Ancramdale Church), Adalyn Forgey and her family (Carol Hart), Bridget and Aylee, Laurena Mesnard, Teresa Maleonski (Marva), Craig Shelley, Joe (Susan), Barbara Gurbel, Randy Burns (Dyan), Jim Fabrizio, Kyleigh Cummings, Millie Sheldon, Bobby Wendover, Carey (Amanda Zick), Ron & Cathy Osofsky, Anthony Silva, Emo #4 (Rosanne's son-in-law's aunt), Lynn (Linda Wendover's sister), Antonio Gonzalez (Dyan), Melissa and Anthony, Gene Jernigan, Chun Ok Blackie (Jim and Margo Jackson's sister-in-law), Caitlin Edge (Deb), Joann Amelio, Debra Rose, Marge (Laurie), Judy MacMorran (Barbara Gurbel's daughter), Brittany.

Geer Nursing Home: Linda Bartolomeo

Noble Horizons: Lek McNeill, RuthAnn Pulver, Charlie Napoli

The Manor at Woodside: Rod Davis

Northern Dutchess Hospital: Richard Thorpe (brother of Clifford)

In the military or Reserves: Pierre Mesnard, Spencer Johnson (Iraq), Garrett Pendleton (South Korea), Lewis and Denzel Jackson (Keith Jackson's sons), Garrett Cummings, Daniele Casazza, Kyle Moskowitz, Matt Cade, Zach McDonnell - Reserves, John Cort, Mark Hall, Jacob Coons, Danny Hoysratt, Brian Montross, Eric Wiltsie (Tom and Renee Strudwick's nephew), TroiHunter Cookingham (Fort Campbell, KY).

And all those who have served in our military.



Hudson River Presbytery Prayer Calendar 2022

As a Presbytery family, we hold each other in prayer – all of us sisters and brothers in Christ. We invite you to lift up prayers for our churches, our staff, and our ministry partnerships, including them in your pastoral prayers each week, and in your church bulletins. The Church is all of us - made one in Christ.

May 8– Fourth Sunday of Easter
Lake Huntington, For Faith Parish
Board of Pensions Staff; Mother's Day

May 15 – Fifth Sunday of Easter
Katonah, First
Projects funded by Grants Committee
Palestinian Nakba Remembrance Day

May 22– Sixth Sunday of Easter
Larchmont Avenue
Liberty, First
Presbyterian Heritage Sunday

May 29 – Seventh Sunday of Easter
Marlboro, First
Intercultural Church Sunday
Mission Worker Sunday

Share a Blessing!

Next Issue: June 2022

Submission deadline: May 25, 2022

Send submissions to:

dyanwapnick@optimum.net