

First United Presbyterian Church of Pine Plains, N.Y.

# Agape Harvest

## First United Presbyterian Church of Pine Plains

3039 Church Street,  
P. O. Box 313,  
Pine Plains, NY 12567  
Tel: (518) 398-7117

**To know the love of Christ; to show the love of Christ; and to grow in the love of Christ.**

- All are welcome to join us at our weekly Sunday worship service at 11:00 a.m.
- Church School and childcare are available during the worship service.
- Join us for the warmth of coffee hours and fellowship following most weekly worship services.
- Pastor Carol's office hours are by appointment. Please call her at (518) 697-0025 (home), (845) 235-3569 (cell) or (518) 398-7117 (church office).

## From Your Pastor:

Dear Friends,

Some months ago, I couldn't find my credit card. I began frantically looking for it because losing a credit card can be a very serious thing. Many of us have automatic payments on our cards and they are disrupted when our card is lost. Moreover, in my case, someone picked up the card from the counter where I had forgotten it and began charging all kinds of things. I was able to cancel the card and get a new one without any penalties. In a sense what I had lost was found and I was extremely thankful.

Our Lord Jesus told the story of something that

was lost, a valuable coin worth a day's wages. The woman who lost the coin was so concerned about locating it that she lit a lamp, swept the house, and carefully searched until she found it. She told her friends *Rejoice with me, for I have found the coin which I lost!* (Luke 15:9). Then Jesus gave the point of the story: *Likewise, I say to you, there is joy in the presence of the angels of God over one sinner who repents* (Luke 15:10).

If such things as coins and credit cards are of such value to us think of the ultimate value of a human life. God searches and seeks us without ceasing, so great is His love for us. Jesus loved us to the utmost



giving His life on the cross that we might live.

In this penitential season of Lent we are especially called to reflect on the profound nature of God's seeking, searching, forgiving love in Christ. May God's grace penetrate to our inmost bringing healing and transforming us that God's glory might shine ever more brightly through our lives .

With love in Christ,  
Pastor Carol

[www.pineplainspresbyterianchurch.com](http://www.pineplainspresbyterianchurch.com)

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## *A letter from a friend:*

# ***Taking Up Something For Lent***



Recently a clergy friend of mine shared her journey from laity to ordained clergy. When she was in her second year at college an opportunity presented it self through the Religious Department.

Barat College, as it was named, had once been a private all women's Catholic College. However when she attended it had become an interdenominational co-ed institution.

"I was blessed in having a couple of nuns as professors for my Religious Studies courses", she says. The opportunity she mentioned involved going on a retreat with several of her classmates and the

two Catholic nuns.

She says, "I will never forget that experience as it propelled me to pursue my calling into the Ordained Ministry. While there were wonderful moments about that weekend, the one thing I shall remember most of all is the hush of reverence that enveloped life within those beautiful stone Convent walls."

Reverence.....it's that altered state of consciousness when we feel awe and wonder because we know we are in the presence of the Spirit. Reverence enfolds us in perfect peace because there is no past or future only the present moment and we are one

with Heaven and earth. In reverence, there is no distinction between body and soul. Meditation can sometimes induce the special experience of reverence, as does focusing on something beautiful like the clouds in the sky or the smooth flow of the ocean. Even in our daily tasks, concentrating on one task at a time with care and attentiveness can invoke reverence as well.

Of course, most of us don't live behind cloistered walls where reverence constantly resides. But I have learned that there are still plenty of ways to achieve reverence even amidst the chaos of our daily existence. Writing a

caring note to a friend...Listening to music which stirs our souls...petting your dog as she sleeps peacefully...praying a prayer of gratitude and thanksgiving. Just some of the ways we can invite reverence into our lives.

Real life...the real life of joy we are meant to be living only begins when we restore a sense of reverence to our daily affairs. Let us take on the challenge to take on something new and rewarding. During this Holy Season, let us take on some much needed reverence in our lives.

Yours in Christ Jesus,  
*The Church Mouse*

### **NEWSLETTER E-MAIL MAILING LIST**

In an effort to reduce costs of distributing the newsletter and preserving the environment, we will be distributing the newsletter via e-mail instead of postal mail to those who are interested. If you would like to join our e-mail mailing list, please send a note to Dyan Wapnick at [wapnickfamily@fairpoint.net](mailto:wapnickfamily@fairpoint.net)



## *Recent Events, Notices & Thanks*



**Chemically Dependent Anonymous**

**A 12-step fellowship for anyone seeking freedom from drug and alcohol addiction**

Saturdays at 10.am.

First United Presbyterian Church

3039 Rt. 199

Pine Plains, NY

### **Job Opportunity**

Jobs are available at the Anderson Center for Autism, in the area of direct support to children and adults with autism. For more information visit [www.AndersonCenterforAutism.org](http://www.AndersonCenterforAutism.org) or call 845-889-4034.

### **ONGOING DONATION OPPORTUNITY**

The Homeless Shelter in Poughkeepsie which serves 60 people every night is in great need of the following:

Used, in good condition:

**Towels**

**Sheets**

**Pillowcases**

**Blankets**

**Dry Cereal**—not in individual boxes is also needed.

Donations can be left at the church marked for Kathy Bartles, who will deliver them to the shelter.

### *Thank You*

- On behalf of our daughter Roanne who recently lost her home due to a fire we would like to say thank you to our wonderful church family for their support. Your generousities have been overwhelming.

Bless you all.

Shirley & Walden MacPherson

- Special thank you to Mort Jackson for many years of service as church sexton. May the Lord continually grant you His favor.



- A sincere thank you to all who have hosted coffee hours.



## *Focus on Service: Worship Committee*

Tired of sitting in the pews? There might be a spot for you on the Worship Committee. “No way,” you say, “I can’t sing.” Guess what, you don’t need to! The Worship Committee is more than the choir, it is responsible for setting up Communion, providing liturgists, helping to plan special worship services with the pastor and working with the music director.

- Communion is held on the first Sunday of every month and is led by an elder currently serving on Session, who is responsible for providing the Communion elements and laying them out on the Communion table, and for asking other elders to help serve the congregation.
- The liturgist does the announcements, the Call to Worship and the scripture readings, sometimes leading the congregation in responsive readings. There is a rotating schedule of liturgists.
- The choir is led by music director Nan Herow and leads the congregation in music and song.
- An off-shoot of the Worship Committee is the work of Judy Parlman who oversees the memorial flower list and the decorating of the sanctuary for Holy Week and Christmas.

Take a closer look at your gifts and special talents. If they include music, reading, decorating or serving as an elder, then there is definitely a spot for you on the Worship Committee. Interested? Contact Dyan Wapnick (Worship Committee Chairperson) or Rev. Carol Miller.

## *Servants’ Calendar*

### LITURGIST SCHEDULE

Mar. 3	Doug Hart
Mar. 10	<b>Andy Smith</b>
Mar. 17	Linda Bartolomeo
Mar. 24	Jim Petrie
Mar. 31	<b>Kathy Bartles</b>

### SESSION : Next Session Meeting: March 5th @ 7:00 pm

Meetings:	March 5, April 2, May 7
Session:	Kathy Bartles, Ed Casazza, Scott Chase, Bob Clinch, Doug Hart, Brendan Kilpatrick, Andy Smith, and Dyan Wapnick.
Treasurer:	Scott Chase
Clerk of Session:	Kathy Bartles
Moderator:	Pastor Carol Miller

### DEACONS

Harriet A'Brial, John Bilski, Bob Couse, Marva Blackmar, Lynne Clinch, John Hart, Jim Jackson and Andy Williams.

## *Reflections: On Being Open*

Every once in a while I, like you, have a moment of utter frustration. One of those moments occurred the day I took my truck to the garage for an oil change. When I walked back home I realized I was locked out of my house. You see, my garage door opener was in the truck being serviced. My front screen door was locked so I couldn't get in that way. When I realized my predicament I tried to think of other ways to get into the house. After much contention, I finally discovered that I could pry open the screen on one of my windows just enough so I could get to pop out enough to get my hand in and raise the window and climb in.

In reflecting on this situation it occurred to me that almost everything needs to be open in order to serve its purpose. A can of food must be open so we can enjoy its contents....a book must be open before we can share its story...a house must have a door or a window to open before we can enjoy its shelter...a heart must be open before it can receive and simultaneously give warmth, care and love.

Well, the same holds true to our spiritual lives. 'Being open' is necessary for spiritual growth. In other words, in order for God to enter our lives fully, we must be ready to receive Him. The door to our soul must be open wide. Our mind, soul and heart need to be receptive so that we will not miss all that God is offering us. It only makes sense that God needs openings in our lives to get through...to communicate with us...to nourish us...and stretch us toward greater growth!

But lest we forget, this 'openness to God' does come with a risk...a risk that requires trusting God even more with our lives and having a willingness to meet our resistances head on!

Most certainly, none of us likes facing those things which keep us from being open to God, to receive what he has in store for us. The longer we 'stay hold up' in those things which only make us comfortable and serene, then we will also stay closed to all those things that will help us to grow into who God wants us to be.

On the other hand, sometimes we may be very open to receiving what God has to offer, but we just don't have any room to receive it because of the inner clutter that fills and crowds out our mind and heart. This clutter claims a lot of mental and emotional space and keeps us from receiving the good things God has to offer. Just as our bodies breaths in oxygen and exhales carbon dioxide, so our spirits need to take IN what is life giving and empty out what is not helpful.

As we have entered the 2013 Lenten season, let us reflect on our openness to God and perhaps take some brave steps to empty out anything which might be keeping us at a distance from what God has to offer. As we continue through these days may we continue to open our hearts and minds to the radiance of God!

May the Lord bless you and keep you,  
Amen

*The Church Mouse*



*The story of Adam and Eve was being carefully explained in the children's Sunday School class. Following the story, the children were asked to draw some picture that would illustrate the story. Little Bobby was most interested and drew a picture of a car with three people in it. In the front seat, behind the wheel was a man and in the back seat, a man and a woman. The teacher was at a loss to understand how this illustrated the lesson of Adam and Eve. But little Bobby was prompt with his explanation. "Why, this is God driving Adam and Eve out of the garden!"*



## *Upcoming Events*

03/16

### **CORNED BEEF SUPPER—Saturday, March 16, 2013, 6:00 pm**

Tickets: \$13/Adult, \$5/Children 6-12 years old, children 5 and under Free

Take outs available. Dinner includes Corned Beef, Cabbage, Potatoes, Glazed Carrots, Irish Soda Bread, Dessert and Coffee/Tea.

For reservations, please phone Shirley MacPherson 398.1380 or email Dyan Wapnick: [wapnickfamily@fairpoint.net](mailto:wapnickfamily@fairpoint.net)



03/28

### **MAUNDY THURSDAY SERVICE—Thursday, March 28, 2013, 7:00 pm**

Maundy Thursday service will be held on March 28 at 7:00 pm at the **Pine Plains Presbyterian Church**. The Sacrament of Holy Communion will be celebrated.

03/31

### **EASTER SUNRISE SERVICE—Sunday, March 31, 2013, 6:30 am**

On Easter morning there will be a Sunrise Service at 6:30 am on Winchell Mountain. If the weather is too cold or snowy the service will be at the Ancramdale Church. A delicious breakfast will follow the Sunrise Service at the Ancramdale Church.

03/31

### **EASTER SERVICE—Sunday, March 31, 2013, 11:00 am**

Following the Easter Sunrise Service, our Easter Service will take place at 11:00 a.m. at the **Pine Plains Presbyterian Church**.

04/26

### **WOMEN'S ASSOCIATION ANNUAL RUMMAGE SALE**

04/27

The Women's Association Annual Rummage Sale will be held on Friday, April 26th from 10:00 to 4:00 and on Saturday, April 27th from 10:00 to 2:00. The door to the kitchen will remain open the week before the sale for donation drop-offs. All items **except televisions** are welcome.

# Looking Ahead

\* Events, dates & times subject to change.

<b>March 2013</b>			
<b>Tue. 05</b>	- Christian Ed. Meeting @ 6:00 pm - Session Meeting @ 7:00 pm	<b>Mon. 18</b>	<b>Council of Churches Meeting @ 12:00 pm, Presbyterian Church</b>
<b>Thurs. 07</b>	Bible Study @ 7:00 pm	<b>Thurs. 21</b>	Bible Study @ 7:00 pm
<b>Thurs. 14</b>	- Women's Association Meeting @ 1:00 pm - Bible Study @ 7:00 pm	<b>Thurs. 28</b>	<b>Maundy Thursday Service @ 7:00 pm, <u>Pine Plains Presbyterian Church</u></b>
<b>Sat. 16</b>	Corned Beef Supper @ 6:00 pm	<b>Sun. 31</b>	- Easter Sunrise Service @ 6:30 am, <u>Winchell Mountain</u> followed by breakfast at Ancramdale Church. - Easter Service @ 11:00 am, <u>Pine Plains Presbyterian Church</u>

<b>April 2013</b>	
<b>Tue. 02</b>	- Christian Ed. Meeting @ 6:00 pm - Session Meeting @ 7:00 pm
<b>Thurs. 04</b>	Bible Study @ 7:00 pm
<b>Thurs. 11</b>	- Women's Association Meeting @ 1:00 pm - Bible Study @ 7:00 pm
<b>Mon. 15</b>	Council of Churches Meeting @ 12:00 pm, Presbyterian Church
<b>Thurs. 18</b>	<b>Bible Study @ 7:00 pm</b>
<b>Thurs. 25</b>	Bible Study @ 7:00 pm
<b>Fri. 26</b>	<b>Women's Association Annual Rummage Sale</b>
<b>Sat. 27</b>	<b>Women's Association Annual Rummage Sale</b>

<b>May 2013</b>	
<b>Thurs. 02</b>	<b>Bible Study @ 7:00 pm</b>
<b>Tue. 07</b>	- Christian Ed. Meeting @ 6:00 pm - Session Meeting @ 7:00 pm
<b>Thurs. 09</b>	- Women's Association Meeting @ 1:00 pm - Bible Study @ 7:00 pm
<b>Thurs. 16</b>	- Conflict Resolution Training, May 16, 6-8 pm lead by Gwen Higgins at FUPC
<b>Mon. 20</b>	<b>Council of Churches Meeting @ 12:00 pm, Presbyterian Church</b>
<b>Thurs. 23</b>	Bible Study @ 7:00 pm
<b>Thurs. 30</b>	<b>Bible Study @ 7:00 pm</b>

## Nutrition Corner

Lynne Clinch

### Scallops Four Ways

Being in Florida brings out the need for me to eat fish. It's like traveling to Rhode Island. I love all kinds of seafood and am always on the look-out for a good recipe. The local paper had an article about scallops I'd like to share. Have not tried the recipes yet but I have more time to do so. Now for the basics ...

Scallops are ideal to have in the freezer because they defrost quickly, cook quickly, can be made into a fancy meal and are absolutely delicious! When planning a meal, figure 2-3 large sea scallops per person along with your side dishes. Buy fresh if you can and make sure they are dry packed; these are not treated or soaked in a solution. Make sure they smell fresh, not fishy. Check the color. They should be creamy light beige or off white. If they are white-white chances are they've been treated with sodium tripolyphosphate. This is done to increase their shelf life and add weight. It also makes them absorb moisture. During the cooking process the water is released and almost steams the scallop thus preventing that nice sear. Always pat the scallop dry prior to cooking. If they are purchased frozen then they will be labeled as treated or dry.

#### THE BASIC RECIPE:

Sear scallops in hot olive oil mixed with a good tablespoon of butter. Cook on one side 2-4 minutes before turning over to brown. Baste with oil/butter once turned over and they will be sweet and tender. DO NOT OVER COOK. Deglaze pan with white wine if desired and serve.

#### GREMOLATA:

Mix together ½ cup finely chopped fresh parsley, 1 clove minced garlic, 2 tsp. lemon juice, 1 tsp. lemon zest, S&P to taste. After the scallops have been cooked (see above) put mixture into hot pan and sauté 1-2 minutes. Top

scallops with hot gremolata.

#### BALSAMIC-GLAZED:

Sear scallops as above. Add ½ cup white wine or chicken broth to pan. Add 1 Tablespoon Balsamic vinegar and cook over medium heat until slightly thickened (about 3 minutes), stirring constantly. Pour over scallops.

#### BACON-WRAPPED:

Pre-cook bacon until almost done but not crisp. Limp comes to mind as a description. Season scallops with S&P. While heating oil in pan, wrap ½ slice of bacon around each scallop and secure with toothpick. Cook 2-4 minutes per side and serve.

#### SCALLOPS WITH GRAPEFRUIT SAUCE:

In one fry pan heat 3 tablespoons olive oil over medium heat. Add ½ cup shallots, finely diced and sauté until golden --- about 4-5 minutes. Remove from heat and add ½ cup ruby red grapefruit juice and ¼ cup wine vinegar. Season with S&P and set aside. In a second heavy duty fry pan heat 3 tablespoons olive oil over medium heat. Pat dry scallops with paper towel. Season with S&P and a scant ¼ teaspoon of Old Bay. Work in batches until 1 and ¾ pounds of scallops are golden brown. This will take 2-4 minutes per side. Add all scallops to skillet and add the grapefruit sauce to heat through. Serve immediately garnished with chives or chopped tarragon if desired.

You can substitute tangerine, clementine or orange juice and even regular grapefruit juice for the ruby red juice. If you find the juice sauce is too tart for your taste add a tablespoon or 2 of brown sugar. The point is to make the recipe your own. If you do make changes and wish to share send to me at [clinchl@yahoo.com](mailto:clinchl@yahoo.com) and I'll pass



on. why you can't use shrimp for the scallops. The sauce can be used with a variety of white fishes too. Try one of these recipes soon. Enjoy.....

I just finished re-reading these recipes and see no reason

## Bible Fun: Easter

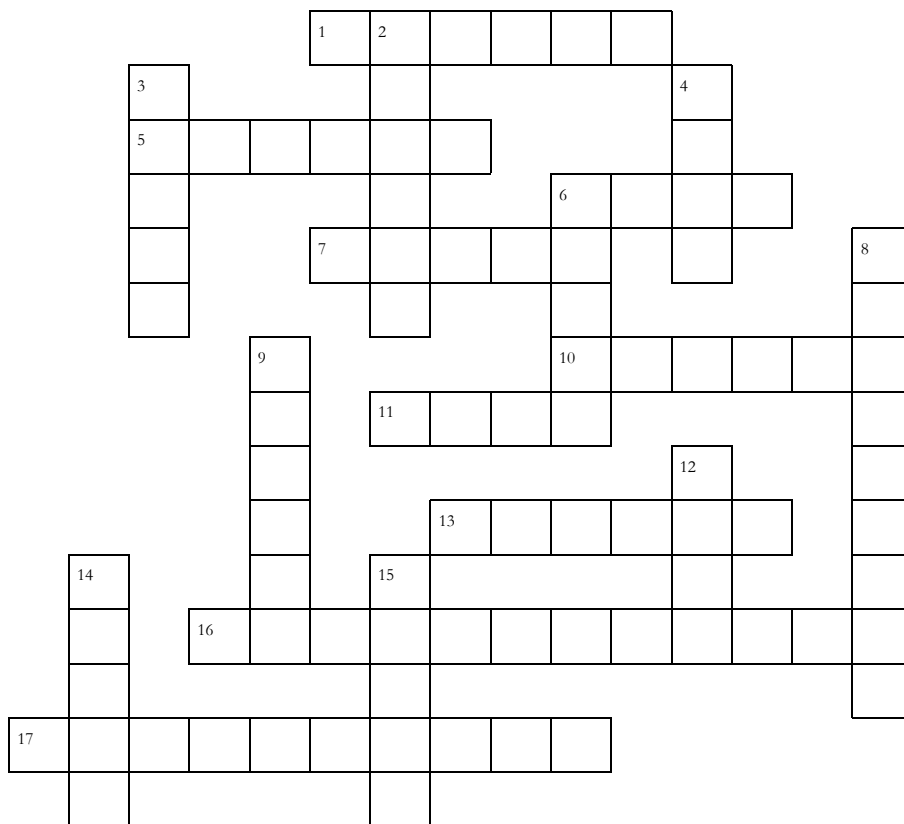
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### ACROSS

- 1 Jesus \_\_\_\_\_
- 5 Doubting \_\_\_\_\_
- 6 Jesus rode a \_\_\_\_\_ into Jerusalem
- 7 Disciple who denied knowing Jesus
- 10 Easter season
- 11 Colored Easter \_\_\_\_\_
- 13 \_\_\_\_\_ of Gethsemane
- 16 Easter celebrates the \_\_\_\_\_ of Jesus
- 17 Sunday before Easter

### DOWN

- 2 After 40 days, Jesus ascended to \_\_\_\_\_
- 3 An angel rolled away the \_\_\_\_\_ covering the tomb
- 4 People greeted Jesus with \_\_\_\_\_ branches
- 6 where Jesus died
- 8 Mary \_\_\_\_\_ discovered Jesus had risen



- 9 \_\_\_\_\_ sentenced Jesus to die
- 12 Season before Easter
- 14 \_\_\_\_\_ betrayed Jesus
- 15 Easter animal?

Across: 1 Christ, 5 Thomas, 6 Colt, 7 Peter, 10 Spring, 11 Eggs, 13 Garden, 16 Resurrection, 17 Palm Sunday  
 Down: 2 Christ, 3 Stone, 4 Palm, 6 Cross, 8 Magdalene, 9 Pilate, 12 Lent, 14 Judas, 15 Bunny

# Prayer Requests

*Please remember the following people in your daily prayers:*

Our Pastor, our congregation, all our children, our loved ones, the family of Jason Whaley, the family of Ruth Gordon, the family of Steve Terstenyak and all of those who have lost loved ones in the past year.

At home: George Frenzel (Dolores Dickinson's brother), Phairah Dickinson, Brad and Eli Dickinson, Harriet A'Brial, Lisa Bilski (John Bilski's sister-in-law), Bridget and Zack McDonnell, Richard Valentine (Jeanne Valentine-Chase's father), Lynn Schlude (Linda Wendover's sister), David Jones (Linda Wesley's brother), Ann Cramer (Ruth Smith's aunt), Scott, Kate, and Ella (Cathy Fitzpatrick's friends), Sheila Trombini (Erin Blackmar), Gil and Theresa Day (Nan Herow), Rev. Herbert and Evelyn Day (Nan Herow's parents), Brian Beckwith (Scott Chase), Dale Meccariello, Jerry Chestney, Doris Vater, Marge Freiberg (Kathy Bartles' aunt), Fanny Place, Jessica Pezze, Martha Baldwin, Jasmine Quinn, Mary Beth (Dora Hage), Laura Clark, Tim Day (Nan's nephew), Lonnie Vater, Ryan Hawk (Dawn Robinson's son), Maryanne (Harriet A'Brial), Jessica (Jim Petrie), Lotty Kate (Barbara Gurbel's great-grand daughter), Eleanor Goldsmith, Lu Hetlyn (Carol Hart), Carl Freiberg (Kathy Bartles' father), Hunter (Linda Wendover's nephew) and Roanne MacPherson Farina.

**At Livingston (Adventist Home): Bill Parlman**

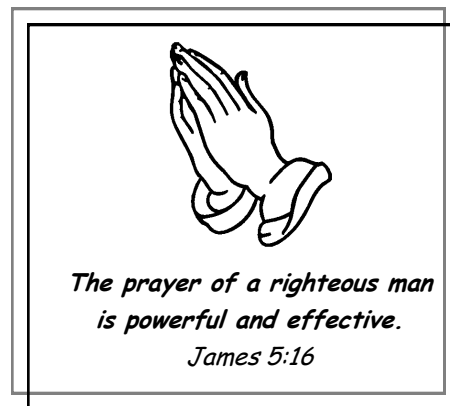
(2789 Route 9, Livingston, NY 12541)

**At Sharon Health Care Center: Kathryn Mergendahl**

(27 Hospital Hill Road, Sharon, CT 06069)

**At Dutchess Care: Gail Smith**

(186 Washington Street, Poughkeepsie, NY 12601)



**In the military:** Keith Jackson, Garrett Cummings, Daniele Casazza, Chris Riley (Afghanistan), Kyle Moskowitz, Brian Coons, Tyler Larsen (Louise Coons' great grandson), Elizabeth Cohn (Afghanistan), Sarah Anderson, Matt Cade, Zach McDonnell, John Cort, Mark Hall, Ron Potter, Jacob Coons, Danny Hoysradt (Afghanistan) and Nathaniel Chase - Marge's grandson (Bahrain).

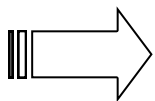


## Pine Plains Food Locker: March

Monthly Drive Item: Shampoo/Conditioner

Yellow Bag Items: Cereal, Tea Bags, Jello/Pudding, Crackers

*Share a blessing!*



Next issue: **APRIL 2013**

Submission deadline: **MARCH 20, 2012**

Send submissions to: **abvidal@gmail.com**